

KANG YATSE II EXPEDITION – DETAILED ITINERARY

Duration: 10–11 Days (Including arrival and departure)

Location: Ladakh, India

Peak: Kang Yatse II (6,200 m)

Difficulty: Difficult high-altitude trekking and peak expedition

DAY 1 – ARRIVAL IN LEH (3,500 m)

Arrive in Leh and take in the beautiful mountain views as you freshen up.

Spend the day acclimatizing and resting to adapt to the altitude.

If you feel up to it, explore the Leh market or visit nearby monuments like Shanti Stupa and Leh Palace.

In the evening, relax at your hotel or homestay and have dinner.

Overnight stay in Leh.

DAY 2 – ACCLIMATIZATION AND PREPARATION DAY IN LEH (3,500 m)

Begin the day with a gear check, obtaining permits, and shopping for essential supplies.

Optional short hikes or visits to Shey and Thiksey monasteries.

Relaxing evening with dinner at the hotel or homestay.

Overnight stay in Leh.

DAY 3 – LEH TO SARA AND TREK TO MARKHA (3,800 m)

Drive to Sara in the Markha Valley (approx. 3 hours).

Cross the Zanskar River at Chilling and enter Markha Valley.

Start trekking along the Markha River through scenic landscapes.

Pass houses, fields, and an old monastery (approx. 2 hours trek).

Overnight stay in a homestay at Markha.

DAY 4 – MARKHA TO HANKAR (4,040 m)

Trek past Tacha Monastery and cross a glacial river.

Trek through Hemis National Park with chances to spot blue sheep.

Trek duration approx. 6 hours.

Overnight stay in a homestay at Hankar.

DAY 5 – HANKAR TO THACHUNGSTE (4,260 m)

Trek with excellent views of Kang Yatse peaks.

Scenic trekking through changing landscapes.

Trek duration approx. 2–3 hours.

Overnight stay in tents at Thachungste.

DAY 6 – THACHUNGSTE TO KANG YATSE BASE CAMP (5,060 m)

Trek through grazing grounds surrounded by high peaks.

Clear views of Kang Yatse II as you approach base camp.

Trek duration approx. 4 hours.

Overnight stay in tents at Kang Yatse Base Camp.

DAY 7 – REST AND ACCLIMATIZATION AT BASE CAMP (5,060 m)

Full day for rest and acclimatization.

Introduction to climbing equipment and safety techniques.

Practice sessions and short acclimatization walks.

Overnight stay in tents at Base Camp.

DAY 8 – SUMMIT DAY: KANG YATSE II (6,200 m) AND RETURN TO BASE CAMP

Early morning or night start for summit attempt.

Guided climb to the summit of Kang Yatse II.

Descend safely back to Base Camp after the summit.

Overnight stay in tents at Base Camp.

DAY 9 – BASE CAMP TO NIMALING (4,860 m) AND TREK TO CHOKDO (4,285 m)

Descend from Base Camp to Nimaling meadows.

Continue trek via Kongmaru La to Chokdo.

Trek duration approx. 6 hours.

Overnight stay at Chokdo.

DAY 10 – DRIVE FROM CHOKDO TO LEH

Drive back to Leh (approx. 2 hours).

Free time in Leh to relax and celebrate the expedition.

Overnight stay in Leh.

DAY 11 – DEPARTURE FROM LEH (3,500 m)

Breakfast and check-out from accommodation.

Departure from Leh for onward journey.

End of expedition.