

Markha Valley Trek

The Markha Valley Trek is one of Ladakh's most iconic Himalayan journeys, passing through remote villages, river valleys, high altitude pastures, and dramatic mountain landscapes. The trek offers a rare combination of cultural immersion and alpine wilderness, culminating in the crossing of the high Kongmaru La pass before descending into the Indus Valley near Hemis.

Day 1 – Leh to Skiu (3,400 m) | Trek to Sara (3,700 m)

Drive from Leh to Skiu, the starting point of the trek. Begin trekking along the Markha River to reach Sara village. Overnight camping.

Day 2 – Sara (3,700 m) to Markha Village (3,790 m)

Trek upstream through the Markha Valley following the river across rocky terrain and open landscapes. Reach Markha village and stay overnight in a homestay or camp.

Day 3 – Markha (3,790 m) to Hankar (4,000 m)

Continue trekking through widening valleys, crossing the river multiple times. Pass traditional shrines and reach Hankar, the highest permanent village in the valley.

Day 4 – Hankar (4,000 m) to Nimaling (4,700 m)

Trek into high altitude pastures with views of Kang Yatse peak. Reach Nimaling, one of the most scenic camping grounds on the trek.

Day 5 – Nimaling (4,700 m) to Kongmaru La (5,150 m) to Shang Sumdo (3,730 m)

Cross the high Kongmaru La pass, the highest point of the trek, offering panoramic mountain views. Descend steeply to Shang Sumdo for overnight stay.

Day 6 – Shang Sumdo to Hemis | Drive to Leh

A short trek to Hemis village followed by a drive back to Leh, marking the end of the Markha Valley Trek.