

## THE PASHMINA TRAIL – LADAKH

Duration: 8 Days

### DAY ONE – ARRIVAL IN LEH

On arrival in Leh, you will be transferred to your accommodation. Relax and allow your body to acclimatize to the high altitude of Ladakh. The rest of the day is kept easy for acclimatization.

### DAY TWO – EXPLORE LEH

Visit Hemis Monastery and the Ladakh Textile Museum. Spend the day learning about Ladakh's cultural and textile heritage and exploring the surroundings at a relaxed pace.

### DAY THREE – LEH TO KHARNAK

Drive to Kharnak village to meet the Changpa nomads and experience their lifestyle. Meet storytellers and shepherds, observe how nomadic tents are made, and explore the age-old traditional methods of weaving pashmina.

Altitude: 4550 m

Stay: Camping in tents

### DAY FOUR – KHARNAK TO SAMAD

Drive approximately 2 hours to Samad. Meet herders and traders who were once involved in the salt and wool trade between the Changpas and communities from Zaskar. Enjoy the landscape and listen to stories of traditional trade routes and livelihoods.

Altitude: 4530 m

Stay: Camping in tents

### DAY FIVE – SAMAD TO TSO MORIRI

Spend time around Samad on the banks of Tsokar. Observe the process of harvesting pashmina and making traditional items such as Thulu and Lokpa. Learn about the rearing of sheep and pashmina goats and understand the pastoral economy and traditional revenue systems. Drive onward towards Tso Moriri.

Drive time: Approximately 5 hours

Altitude: 4520 m

Stay: Tent or guesthouse

### DAY SIX – TSO MORIRI TO LEH

Drive back from Tso Moriri to Leh. The journey offers expansive views of the Changthang plateau and high-altitude landscapes.

Drive time: Approximately 6–7 hours

Altitude: 3500 m

Stay: Hotel or homestay in Leh

### DAY SEVEN – LEH: TEXTILE AND HANDICRAFT EXPLORATION

Visit local weaving looms and cooperatives to understand pashmina processing and traditional textile practices. In the afternoon, take a guided walk through the Leh market to explore Ladakhi jewellery, traditional items, and utensils.

### DAY EIGHT – DEPARTURE

After breakfast, transfer to the airport for your onward journey.

End of the Pashmina Trail.