

UT KANGRI EXPEDITION – LADAKH

Region: Ladakh, India

Duration: 10 Days

Peak: UT Kangri (6,030 m)

Best Time: June – September

UT Kangri is one of Ladakh's most iconic 6000 m trekking peaks, offering panoramic mountain views, classic high-altitude terrain, and a rewarding summit experience without extreme technical climbing. This expedition blends careful acclimatization, skills training, and a focused summit push.

DAY 1 – ARRIVAL IN LEH (3,500 m)

Arrive at Kushok Bakula Rinpoche Airport, Leh, and transfer to your hotel. The day is dedicated to rest and acclimatization. Take an easy walk through the Leh market if you feel comfortable.

Overnight: Hotel in Leh

DAY 2 – REST AND ACCLIMATIZATION IN LEH (3,500 m)

A full day for acclimatization. Explore local sites at your own pace and attend a briefing with your guide to review gear and expedition procedures.

Overnight: Hotel in Leh

DAY 3 – LEH TO RUMTSE PHU (4,600 m)

Drive from Leh to Rumtse Phu, the road head of the expedition. On arrival, set up camp and take a short acclimatization walk.

Overnight: Camp at Rumtse Phu

DAY 4 – RUMTSE PHU TO INTERMEDIATE BASE CAMP (4,900 m)

Begin trekking toward Intermediate Base Camp across open terrain and gradual slopes. Maintain a steady pace and focus on hydration.

Overnight: Camp at Intermediate Base Camp

DAY 5 – INTERMEDIATE BASE CAMP TO BASE CAMP (5,100 m)

Continue trekking to UT Kangri Base Camp. This will be your main camp for acclimatization, training, and summit preparation.

Overnight: Camp at Base Camp

DAY 6 – REST AND ACCLIMATIZATION AT BASE CAMP (5,100 m)

Spend the day acclimatizing with short walks around Base Camp. Focus on breathing, hydration, and rest.

Overnight: Camp at Base Camp

DAY 7 – TRAINING DAY AT BASE CAMP (5,100 m)

Training in mountaineering skills including crampon use, ice axe handling, rope techniques, and safety procedures.

Overnight: Camp at Base Camp

DAY 8 – SUMMIT DAY: BASE CAMP TO SUMMIT (6,030 m) AND RETURN

Early morning start for the summit attempt of UT Kangri. Reach the summit and enjoy panoramic Himalayan views before descending back to Base Camp.

Overnight: Camp at Base Camp

DAY 9 – BASE CAMP TO LEH (3,500 m)

Descend from Base Camp to Rumtse Phu and drive back to Leh.

Overnight: Hotel in Leh

DAY 10 – DEPARTURE FROM LEH

Transfer to the airport for your onward journey. End of the UT Kangri Expedition.