



CHANGTHANG

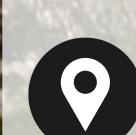
The Jeep Safari



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Ladakh Leh

OPEN FOR BOOKING

THE 10 DAYS JEEP SAFARI

Is trekking through Ladakh still on your bucket list? Have you ever dreamt of milking a goat, shearing a sheep, or even combing wool from a yak? How about visiting the breathtaking Pangong Lake, the serene Tso Moriri, or the remote villages of Kharnak and Kargyam? What if you could spend a day shepherding in Samath or Tsokar, and end your nights around a bonfire, singing with the locals? If the idea of immersing yourself in the daily life of the Changpas sparks excitement, then this 10-day adventure is calling your name. Whether it's one or all of these experiences that catch your eye, you're the perfect fit for this unforgettable journey.

With The Goat Walk, you're not just trekking; you're embarking on the Greatest Walk of All Time.



CHANGPAS

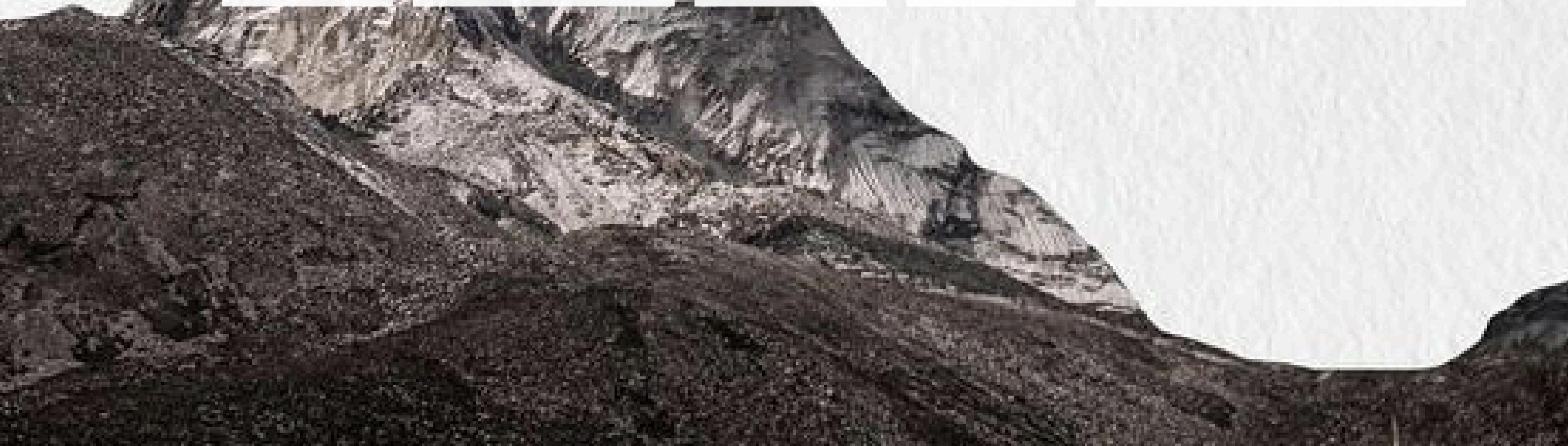
In the remotest corners of Ladakh, at altitudes well above ten thousand feet, where the roads are nothing more than patches of tire marks in the grass, where telephone lines are unheard of and electricity is a dull flicker of tungsten bulbs powered by tiny solar panels, a community of Changpa nomads has thrived for over a millennium. These nomadic Changpas inhabit the vast and rugged Changthang plateau, rearing their livestock—yaks, sheep, and cows—and living with minimal resources. Despite the harsh conditions, the Changpa have maintained a deep connection to their land, preserving their traditional way of life.

To gain a deeper understanding of the life of the Changpa nomads, a Jeep Safari through this remote region offers an immersive experience. The journey allows you to witness their daily routines, from herding animals across the expansive plateau to engaging in traditional practices that have sustained their community for generations. This unique adventure not only provides insight into their resilient lifestyle but also offers an opportunity to experience the breathtaking, untamed beauty of Changthang firsthand.

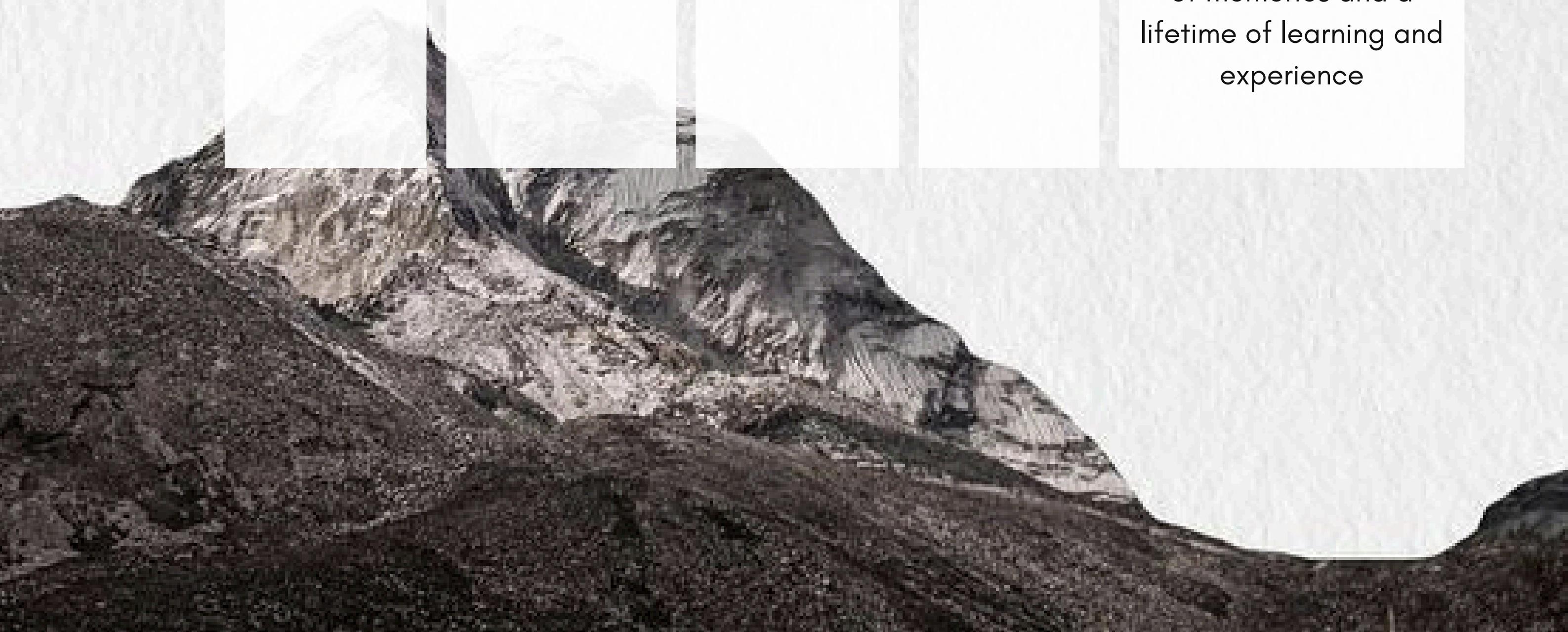


THE 10 DAYS ITINERARY

Location	Activity	Altitude	Distance/ Travel Time	Details
Leh	Arrival and Acclimatization	3,524 m (11,562 ft)		Arrive in Leh, rest for acclimatization, and adjust to high altitude.
Leh	Sightseeing	3,524 m (11,562 ft)		Explore Leh. Visit monasteries, palaces, and local markets. Customize this day with chosen sites.
Leh to Kharnak	Start of Jeep Safari	4,548 m	173 km	Drive through scenic mountain roads, crossing high-altitude passes. Interact with locals, and learn about the culture. Camp for the night at Kharnak



Location	Activity	Altitude	Distance/Travel Time	Details
Kharnak to Puga	Continue the safari to Puga	4400 m	55.8 km	drive through the beautiful Puga valley and explored the natural hot springs. and spend the night with the herders of Sumda village
Puga to Khorzok Phu	safari to Khorzok Phu	4595 m	1hr 51 min (48.3 km)	Puga to Khorzok is another fascinating drive; spotting wild animals and stoping by the beautiful high altitude Tsomoriri lake and finally meeting the changpas at Korzok phu to see combing of pashmina and milking of goats and yak
Khorzok to Leh	Way back to Leh		4hr 45min (211 km)	your journey into the wilderness of Changthang ends here. we drive you back to Leh with tons of memories and a lifetime of learning and experience



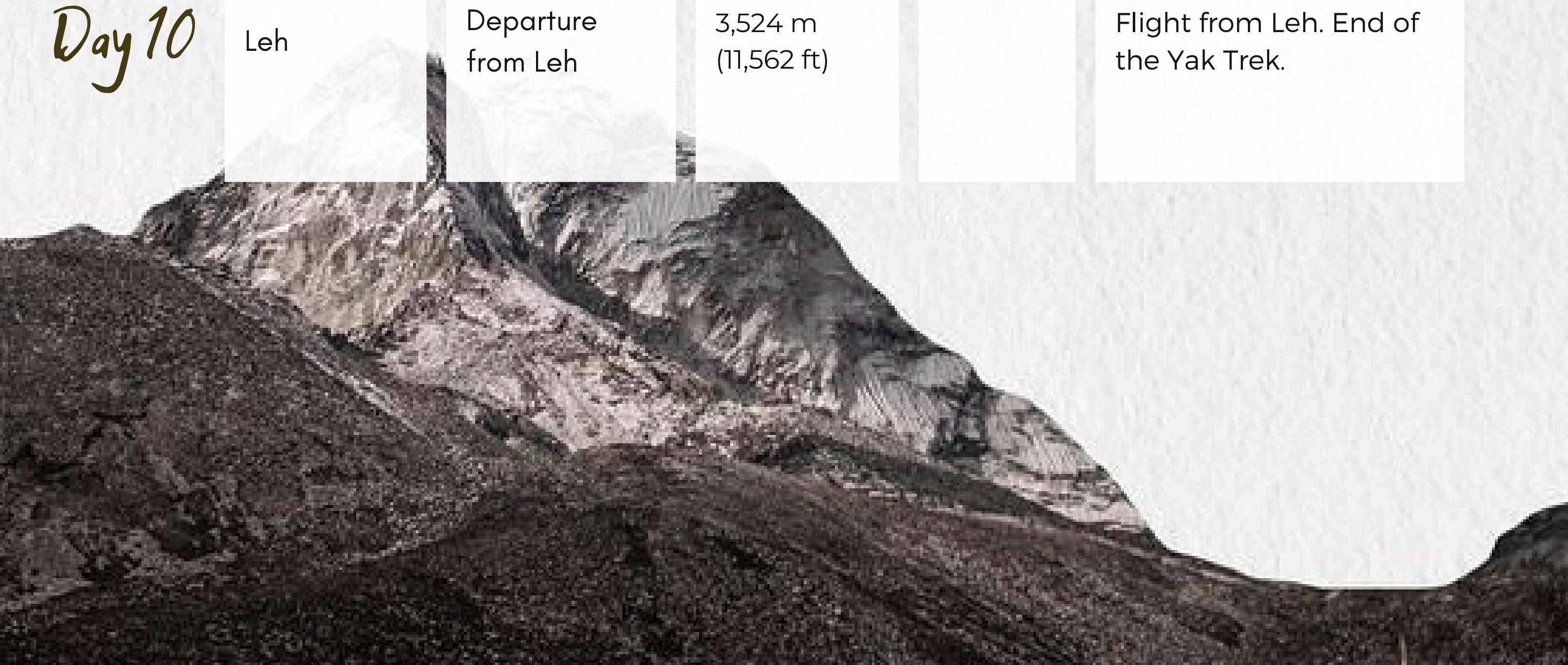
Day 7

Day 8

Day 9

Day 10

Location	Activity	Altitude	Distance /Travel Time	Details
Sham Valley day	A day journey to Sham Valley	3900 m	75 km	hike through vibrant villages, ancient monasteries, and verdant landscapes while immersing yourself in the region's rich cultural heritage.
Pangong Day	Start the journey towards Pangong	4,225 m	5 hr 15 min (222.8 km)	explore the stunning Pangong Lake, camp under the stars, and enjoy scenic treks with panoramic views. Spot rare migratory birds and capture breathtaking photos of the landscape. Immerse yourself in the local culture with visits to nearby villages.
Pangong to Leh	way back to Leh	4,225 m	5 hr 15 min (222.8 km)	drive back from the Pangong via the Changla pass (5360m); one of the highest motorable roads in the world.
Leh	Departure from Leh	3,524 m (11,562 ft)		Flight from Leh. End of the Yak Trek.



What to carry on the Safari

With drastic change in elevation and unpredictable temperatures, make sure you're prepared for your trip.

Day pack	Waterproof Boots
Cash	Towel
Waterproof Jacket and trousers	Power Bank
Warm Gloves	Several changes of Clothes
Wool hat (must cover ears)	Thermal underwear
Warm socks	Sunglasses
Water Bottle	Sunscreen
Water Sanitizer	Tents and sleeping bag (provided by the agency)

How to Handle Mountain Sickness

Prevention Tips:

- Acclimatize:** Spend 1 day in Leh before starting the safari.
- Stay Hydrated:** Drink 3-4 liters of water daily; avoid alcohol and caffeine.
- Eat Light:** Choose easily digestible meals.
- Medication:** Consult your doctor.

During the Safari:

- Monitor Symptoms:** Be aware of any signs.
- Take Breaks:** Stop frequently to rest and hydrate.
- Avoid Exertion:** Limit physical activity, especially on the first few days.
- Stay Warm:** Dress in layers and keep warm.

Emergency Actions:

- Immediate Descent:** If severe symptoms occur, descend to a lower altitude immediately.
- Seek Help:** Get medical assistance if symptoms persist.

who are we?

We are a travel company ingrained with the principles of Community-Based Tourism to promote and preserve the unique culture and lifestyle of the Changpa community. Our curated travel experiences seamlessly integrate tourism with the daily life of the Changpas in Ladakh, offering adventurers a deeper connection and insight into the lives of one of the most fascinating tribal communities in Ladakh Himalayas. At the core, we achieve this by making their existing culture and lifestyle a tourism attraction while providing livelihood to the people.