

ITINERARY

Spring in Shangrila
Ladakh Apricot Blossom Adventure

Organised by: The GOAT Walk

TRAVEL DETAILS

Destination: Ladakh
Date:
Departure:
Duration: 15 Days

DAY 1 – KL – NEW DELHI

Fly to New Delhi from Kuala Lumpur and overnight stay in Delhi.

DAY 2 – NEW DELHI TO LEH

Fly to Kushok Bakula Rinpoche Airport, Leh, over the Himalayan mountain range.

DAY 3 – LOCAL SIGHTSEEING IN LEH

In the morning, join the prayer session at Thiksey Monastery and later drive to Hemis Monastery.

After lunch, visit SECMOL School (secmol.org) to know more about the school.

On arrival back in Leh, take proper rest, visit Shanti Stupa for sunset, and take a walk to the market in the evening.

DAY 4 – LEH TO ULLEY TOKPO

In the morning, after breakfast, drive to Ulley Tokpo village to see the blossoming apricot flowers.

On the way, visit Alchi Monastery, Ladakh's oldest monastery built in the 11th century.

DAY 5 – ULLEY TOKPO

Spend the day going around the village and meeting people. In the morning, see apricot blossoms, and in the afternoon visit Rizong and Tingmosgang monasteries.

DAY 6 – ULLEY TOKPO TO TAR VILLAGE

Drive from Ulley Tokpo in the morning to Tar Village till the parking spot. Hike for 40 minutes from there to the village.

In the evening, participate in farm activities and spend the night with a local family in their homestay.

Early morning, walk for 20 minutes to Gongma (summer place) before driving towards Dha Hanu.

DAY 7 – TAR TO DHA HANU

Drive to Aryan Valley to meet the descendants of the Aryan community and experience their distinct culture and traditional customs.

Observe the blooming of apricot flowers in one of Ladakh's agriculturally productive regions.

DAY 8 – DHA HANU TO KARGIL

In the morning, after breakfast, drive further towards the major town of Kargil. Enjoy the drive amidst scenic mountains with the River Indus flowing parallel to the road.

Spend the night in Kargil town, enjoy the cuisine, and take a walk around if not too tired from the drive.

DAY 9 – KARGIL TO ZANSKAR (PADUM)

From Kargil, drive to one of Ladakh's most visually stunning regions, the Zanskar Valley.

Zanskar is a remote region known for its dramatic landscapes, rich cultural diversity, and unique languages. It offers a blend of rugged mountains and traditional Himalayan villages.

DAY 10 – SIGHTSEEING IN ZANSKAR

In the morning, visit Karsha Monastery, one of Zanskar's largest monastic institutions.

Have lunch at Padum Market, and in the afternoon drive to Sheela Waterfall.

In the evening, drive to Stongdey Village and Monastery.

DAY 11 – DRIVE TO PHUGTAL MONASTERY

Phugtal Monastery is a remote Buddhist monastery in Zanskar, Ladakh, built around a natural cave.

It is known for its cliffside, honeycomb-like structure and has been a centre for meditation and learning for centuries.

The monastery is home to about 70 monks and remains accessible only by trekking in recent years.

DAY 12 – ZANSKAR TO LEH

The drive from Padum to Leh via the Nimo–Padum–Darcha (NPD) road covers approximately 185 kilometres.

It typically takes around 8 hours, with the first 120 kilometres taking about 6 hours due to rough road conditions.

We will take lunch and tea breaks at different spots.

DAY 13 – LEH TO PANGONG LAKE

The drive from Leh to Pangong Lake via Chang La Pass is about 160 kilometres and takes around 5 to 7 hours.

The route offers stunning mountain views, crossing the high Chang La Pass before reaching the lake, making it a scenic and popular journey for tourists.

DAY 14 – PANGONG TO LEH

In the morning, walk to the lake shores, have breakfast, and drive back to Leh.

On reaching Leh, take some rest and go to the market for souvenir shopping and a farewell dinner.

DAY 15 – LEH TO NEW DELHI

Fly back to New Delhi and farewell to Ladakh.